



SY 2023-24

w k	MONDAY 12/11	TUESDAY 12/12	LEAN AND GREEN WEDNESDAY 12/13	THURSDAY 12/14	FRIDAY 12/15 OHIO DAY
В	Mini Bagels with Cinnamon Creamy Cheese (42g)	Chicken Sausage on Maple Waffle (15g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	Danimals Yogurt (12g) with Granola (15g) and Dragon Punch (14g)
L u n c	Chicken Nuggets (13g) & Bread (12g) Đ Cheese Pizza (29g) <> Turkey-Sticks with Tortilla Strips (23g) & Bread (12g) Đ	Turkey Hot Dog on Bun (21g) Đ for K-6 ONLY Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g) Baked Beans (30g)	Cheese Breadstick (28g) with Marinara Cup (4g) <> Macaroni and Cheese (32g) & Bread (12g) <> 2 Peeps {hard-boiled eggs} (2g) & Bread (12g) <> D	Hamburger/Bun (25g) Đ Pepperoni Pizza (29g) Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Emoji Potato (18g)	Toasted Cheese Sandwich (31g) <> Rotini with Meat Sauce (24g) & Bread (12g) Đ Rotisserie Chicken and Cheese on Bun (31g)
W k 2	MONDAY 12/18	TUESDAY 12/19	LEAN AND GREEN WEDNESDAY 12/20	THURSDAY 12/21	FRIDAY 12/22
В	Mini Bagels Strawberry Creamy Cheese (42g)	Triple Berry French Toast (36g)			
L u n c	Chicken Drumstick (5g) & Bread (12g) Đ Turkey Sausage/Eggoji Waffle (31g) 2 Peeps {hard-boiled eggs 2g) & Bread (12g) <> D	Fiestada Sandwich (31g) Impossible Burger on Bun (32g) <> D Buffalo Chicken and Cheese on Bun (30g) Green Beans (5g)	NO SCHOOL	NO SCHOOL	NO SCHOOL
	CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B): Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (24g) offered at breakfast/lunch. A complete breakfast and lunch are FREE to every student!!		Grams of carbohydrate for each food are listed as (g). Dairy-free entrée Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider. Revised 11/17/2023		

ALL SCHOOLS CLOSED DECEMBER 20-JANUARY 2 FOR WINTER BREAK





SY 2023-24

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W k	MONDAY 1/1	TUESDAY 1/2	LEAN AND GREEN	THURSDAY 1/4	FRIDAY 1/5
1			WEDNESDAY 1/3		
В			Confetti Pancakes (36g)	Cinnamon French Toast (37g)	Maple Waffles (37g)
	HAPPY NEW YEAR!				
			Toasted Cheese Sandwich	Hamburger/Bun (25g) Đ	Cheese-Pizza (29g) -<>
L			(31g) <>	Pepperoni Pizza (29g)	Chicken Nuggets (13g) & Bread
u	NO SCHOOL	NO SCHOOL	Penne Alfredo (31g) & Bread	Garden Salad with Egg & Cheese	(12g) Đ
n			(12g) <>	(5g) & Bread (12g) <>	Rotisserie Chicken and Cheese
••			Cheese Cup (13g) and Cheese	Emoji Potato (18g)	on Bun (31g)
С			Stick (1g) & Pretzel Bites		on buil (51g)
h			(25g) <>		
W	MONDAY 1/8	TUESDAY 1/9	LEAN AND GREEN	THURSDAY 1/11	FRIDAY 1/12
k			WEDNESDAY 1/10		
B	Mini Bagels Strawberry Creamy	Triple Berry French Toast (36g)	Mini Cinnis (39g)	Breakfast Pizza with Beef and	Blueberry Waffles (37g)
	Cheese (42g)	, , ,	, ,	Red Sauce (17g)	, , ,
ı	Chicken Drumstick (5g) Đ &	Fiestada Sandwich (31g)	Dynomite Dippers (23g) &	Walking Taco (25g) & Bread	Chicken Patty on Bun (34g) Đ
_	Cornbread (39g)	Impossible Burger on Bun (32g) <>	Bread (12g) <> Đ	(12g)	Beef Cheeseburger (27g)
u	Turkey Sausage/French Toast	D	Toasted Cheese Sandwich	Cheese-Pizza (29g) -<>	2 Peeps (hard-boiled eggs 2g) &
n	(41g)	Buffalo Chicken and Cheese on	(31g) <>	Turkey Sticks with Tortilla Strips	Bread (12g)
c	2 Peeps {hard-boiled eggs 2g) &	Bun (30g)	Yogurt (12g)/Cheese Stick	(23g) & Bread (12g) Đ	<> D
	Bread (12g)	Green Beans (5g)	(1g) & Granola (15g) & Bread	Corn (14g)	Baked Beans (30g)
n	<> D		(12g) <>		
	CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B): Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g)		Grams of carbohydrate for each food are listed as (g).		
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		choice of 1% low fat white milk (12g), or skim	Pork, seafood, and nut-containing products are not offered.		
		ffered at breakfast/lunch.	Menu is subject to change.		
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		<u> </u>	Revised 1/3/2024		
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